



**KEYS TO
A LONG LIFE**

Staff:
Initial and date
when information
is provided

Patient Interest Checklist #4

Long-term Dialysis (1 yr. +)

Name _____ Date _____

I would like to know more about...

My medical condition:

- How can I keep my hematocrit from going up and down?
- How is my blood pressure and can it be improved?
- What is my Kt/V? Do I need to dialyze longer?
- Why do I need to dialyze if I don't gain any weight?
- How can I avoid access problems?
- Do I have bone disease? If so, what treatments are available?
- When should I be concerned about pain in my chest?
- What causes heart failure, and how can I avoid it?
- What is *amyloidosis*, and how is it treated?
- What is *peripheral neuropathy*, and how is it treated?
- What is *peripheral vascular disease*, and how is it treated?
- Do I have other disease/problems that could change my treatment?
- Why do I need to bring in my medications to be checked?
- What can I do if I want to change treatments?
- How much of my treatment can I do by myself or at home?
- Why do I need EPO? Calcitriol? Iron Dextran? Binders?
- I am most concerned about _____.

My relationships with family and friends:

- How can attending patient care conferences help me or my family?
- Who can help my partner and me cope with relationship issues?
- Are there treatments that could improve my sexual function?
- Will I still be able to father/bear children?
- What can I do if my family disagrees with my treatment decisions?
- I am most concerned about _____.

My work/school/insurance:

- Who can help me with issues related to work or school?
- How can I find a part-time job?
- Can I work or go to school without losing disability benefits?
- Can dialysis be scheduled around my work or school hours?
- What should I do if my insurance changes?
- Who can help me with retirement planning?
- How can I be sure my family has enough money to live on?
- I am *most* concerned about _____.



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I would like to know more about...

My eating:

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- Where can I find more recipes and menus to fit my meal plan?
 - Why is it important to eat enough protein?
 - Why is it a problem if I eat too much phosphorus?
 - Where can I find more information about the foods I like to eat?
 - What does dialysis adequacy have to do with what I eat?
 - What can I eat at restaurants and other people's homes?
 - Is it OK to skip meals when dialysis makes me very tired?
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My future:

-
- How long can I live on dialysis?
 - What do I need to know about other treatments for kidney failure?
 - How can I keep up with the latest medical developments?
 - Should I have a will?
 - What are "advance directives" and do I need them?
-

My feelings:

-
- How do I deal with the fatigue and hopelessness I feel sometimes?
 - What is *depression*, and how do I get help if I have it?
 - How can I ask for help and pay back people who help me?
 - How can I talk to others about the feelings I have?
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My responsibilities:

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- What is *my* role in controlling my weight gain & blood pressure?
 - What is *my* role in my monthly blood test results?
 - What is *my* role in keeping up regular exercise?
 - What can *I* do if I disagree with some of my medical care?
-

My lifestyle and everyday activities:

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- How can I have more energy to do the things I want to do?
-

My relationships with staff:

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- Is it OK to question the team about my treatment?
 - What can I do if a staff member and I don't get along?
 - Do I have any choice about who takes care of me at dialysis?
-

Other:

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- Right now, I am most concerned about _____
-